


# RUTHERFORD COUNTY SENIOR CENTER CALENDAR OF EVENTS – NOVEMBER 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>SENIOR CENTER HOURS:</u></b> <b>Mon: 7:30 a.m. – 5:00 p.m.</b> <b>Tues – Fri: 8:30 a.m. – 5:00 p.m.</b> <b>If you have questions about the Center call: 287-6409</b>	8:45 Red Hot Chili Steppers 1 Walking Club 9-11 Silver Threads & Needles <b>9-11:15 "MOCK ELECTION"</b> 10:00 Yoga <b>10:00 RIDE TO POLL (EARLY VOTING)</b> 1:00 Table Tennis <b>TODAY WRITE WHAT YOU ARE THANKFUL FOR ON A PUMPKIN THAT WILL BE DISPLAYED ALL MONTH IN OUR "THANKFUL PUMPKIN PATCH"</b>	8:30 Wednesday Walk 2 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing <b>10:00 RIDE TO POLL (EARLY VOTING)</b> <b>10:30 MAKING PEANUT BUTTER PUMPKINS (\$)</b> 12:30 Oil Art Group  <b>NOVEMBER IS PEANUT BUTTER LOVER'S MONTH</b>	9-11 Silver Threads & Needles 3 <b>10:30 "EFFECTIVE COMMUNICATION FOR PEOPLE WITH ALZHEIMERS"</b> <b>11:15 THANKFUL THURSDAY TELL "WHAT YOU ARE THANKFUL FOR"</b> 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole <b>4:00 SQUARE DANCE</b> <b>WEAR PURPLE TODAY FOR ALZHEIMER'S AWARENESS</b>	<b>8 - 10 BISCUIT SALE 4</b> <b>8:30 - 11:15 CRAFT SALE</b> 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing 1:00 Table Tennis  <b>NOVEMBER IS ALZHEIMER'S AWARENESS MONTH</b>
9:00 Aerobics 7 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles <b>9-11:15 "THANK A VETERAN"</b>	8:45 Red Hot Chili Steppers 8 Walking Club 9-11 Silver Threads & Needles <b>9-10:15 "REFRESHMENTS FOR VETERANS"</b> 10:00 Yoga 1:00 Table Tennis <b>1:00 POPCORN (\$)</b>	8:30 Wednesday Walk 9 9:00 Aerobics 9-11 Silver Threads & Needles <b>9:45 TRIP: HOLOCAUST MUSEUM</b> 10:00 Line Dancing 12:30 Oil Art Group <b>5:15 MEET &amp; EAT – SCOTT'S CREEK-SIDE COUNTRY COOKING, F.CITY</b>	9-11 Silver Threads & Needles 10 <b>10:30 VETERAN'S PROGRAM</b> 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole <b>4:00 SQUARE DANCE</b>	<b>CLOSED FOR VETERANS DAY 11</b>
<b>SUNDAY, NOV. 6 DAY LIGHT SAVINGS ENDS – FALL BACK 1 HOUR</b>				
9:00 Aerobics 14 9:00 SilverStriders 9:00 - 2:30 Art Group <b>9-11 BLOOD PRESSURE CHECK</b> <b>9:45 RED HOT CHILI STEPPERS</b> <b>FIELD TRIP TO "RAILS FOR TRAILS" &amp; STEPPERS MEETING</b> 9-11 Silver Threads & Needles <b>6:00 ZUMBA</b>	<b>8:00 TRIP TO SOUTHERN CHRISTMAS SHOW (\$)</b> 15 8:45 Red Hot Chili Steppers Walking Club 9-11 Silver Threads & Needles 10:00 Yoga <b>10:30 PEN PALS</b> 1:00 Table Tennis	8:30 Wednesday Walk 16 9:00 Aerobics 9-11 Silver Threads & Needles <b>9:30 TEA PARTY</b> <b>9:45 TRIP - MEN ONLY: PARTON LUMBER &amp; BOXCAR GRILL (\$)</b> 10:00 Line Dancing 12:30 Oil Art Group	9-11 Silver Threads & Needles 17 <b>10:45 "FRAUD &amp; SCAMS FOR SENIORS"</b> <b>11:15 THANKFUL THURSDAY TELL "WHAT YOU'RE THANKFUL FOR"</b> 12:00 – 4:00 Bridge 12:30 Just Dance 12:30 – 2 Computer Assistance/J.Cole <b>4:00 SQUARE DANCE</b>	9:00 Aerobics 18 9:00 SilverStriders 9-11 Silver Threads & Needles 10:00 Fellowship & Singing <b>11:00 THANKSGIVING DISCUSSION: "I AM THANKFUL FOR....."</b> 1:00 Table Tennis
<b>*SILENT CAKE AUCTION: MONDAY, NOVEMBER 14 - TUESDAY, NOVEMBER 22 at 11:00 a.m. (Proceeds benefit Home Delivered Meal Participants) → → →</b>				
9:00 Aerobics 21 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles <b>10:30 RECIPE CLUB</b> <b>11:15 CHAIR EXERCISE</b> <b>6:00 ZUMBA</b>	8:45 Red Hot Chili Steppers 22 Walking Club 9-11 Silver Threads & Needles 10:00 Yoga <b>11:00 FINAL BIDS FOR SILENT CAKE AUCTION ACCEPTED</b> <b>11:15 HIGHEST BIDS FOR SILENT CAKE AUCTION ANNOUNCED</b> 1:00 Table Tennis	8:30 Wednesday Walk 23 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing 12:30 Oil Art Group 	<b>CLOSED FOR THANKSGIVING 24</b>	<b>CLOSED FOR THANKSGIVING 25</b>
<b>8:00 TRIP: BILLY GRAHAM LIBRARY (\$)</b> 28 9:00 Aerobics 9:00 SilverStriders 9:00 - 2:30 Art Group 9-11 Silver Threads & Needles	8:45 Red Hot Chili Steppers 29 Walking Club 9-11 Silver Threads & Needles 10:00 Yoga <b>10:30 USE IT OR LOSE IT</b> <b>11:15 CHAIR EXERCISE</b> 1:00 Table Tennis	8:30 Wednesday Walk 30 9:00 Aerobics 9-11 Silver Threads & Needles 10:00 Line Dancing <b>10:30 "WHAT IS DEMENTIA"</b> <b>11:30 BIRTHDAY RECOGNITION</b> 12:30 Oil Art Group	<b>MEDICARE ANNUAL OPEN ENROLLMENT</b> <b>OCT. 15 – DEC. 7</b> <b>TO MAKE AN APPOINTMENT WITH A CERTIFIED SHIP COUNSELOR CALL: 287-6409</b>	<b>COMING IN DECEMBER: (\$)</b> <b>Dec.2: TRIP CONCORD MILLS MALL</b> <b>TRIP TO SEE CHRISTMAS LIGHTS</b> <b>TRIP TO HAMRICK'S OF GAFFNEY</b> <b>(Dates to be determined on above two trips)</b>

**DAILY DROP-IN EVENTS:** Billiards, Board Games, Bocce Ball, Horseshoes, Table Tennis, Playing Cards, Walking Trail, Shuffleboard, Exercise Equipment, TV & Conversation, Puzzles **ALSO AVAILABLE:** Computer Lab, Library, Daily Local Newspaper, Magazines, Coupon Room, Medical Equipment, Paper Shredder, Notary Public, Wi-Fi, Scheduled Public Transit Stop (10:44 a.m. & 12:51 p.m.)

(\$) means there is a cost involved for this activity. The actual dollar amount is listed with the description of the activity in the Newsletter.